BUTTERFLY GARDEN PLANTS

Perennials

Ageratum	Ageratum
Aster	Aster species
Bee-balm	Monarda didyma
Black-eyed Susan	Rudbeckia species
Bugle weed	Ajuga reptans
Butterfly weed	Asclepias tuberosa
Chives	Allium schoenoprasum
Coneflower	Echinacea purpurea
Coreopsis	Coreopsis species
Daisy, Shasta	Chrysanthemum maximum
Daylily	Hemerocallis species
False indigo	Baptisia australis
Gayfeather	Liatris species
Goldenrod	Solidago species
Hibiscus	Hibiscus species
Hollyhock	Althaea rosea
Ironweed	Vernonia species
Joe-pye weed	Eupatorium fistulosum
Lantana	Lantana species
Lobelia	Lobelia cardinalis
Milkweed	Asclepias species
Mountain mint	Pycnanthemum species
Passion flower	Passiflora species
Phlox	Phlox paniculata, P. carolina
Sage	Salvia leucantha; Salvia species
Sedum	Sedum species
Verbena	Verbena species
Yarrow	Achillea species

Trees and shrubs

Abelia, glossy	Abelia x grandiflora
Blueberry	Vaccinium species
Buckeye	Aesculus parviflora; A. pavia
Buddleia	Buddleia davidii
Mock orange	Philadelphus species
Pear	Pyrus communis
Plum	Prunus species
Redbud	Cercis
Rose of Sharon	Hibiscus syriacus
Spiraea	Spiraea species
Summersweet	Clethra alnifolia
Viburnum	Viburnum species

Annuals and biennials

Cosmos	Cosmos sulphureus
Globe amaranth	Gomphrena globosa
Impatiens	Impatiens wallerana
Marigold, French	Tagetes patula
Mexican sunflower	Tithonia species
Nasturtium	Tropaeolum majus
Sunflower	Helianthus species
Verbena	Verbena species
Queen Anne's Lace	Daucus carota
Zinnia	Zinnia elegans

CATERPILLAR FOOD PLANTS		ADULT BUTTERFLY
Asters	Aster species	Pearly crescent spot
Cherry laurel, black cherry, wild plum	Prunus species	Tiger swallowtail
Clovers	Trifolium species	Sulfurs, gray hairstreak
Dill, carrot, parsley, fennel Queen Anne's Lace	Umbelliferae family	Black swallowtail
Dogwoods	Cornus species	Spring azure
Elm	Ulmus species, willows	Mourning cloak, viceroy and question mark
Hackberries	Celtis species	Hackberry butterfly
Milkweed	Asclepias species	Monarch
Mustard family		Checkered whites
Native grasses		Various skippers
Oaks	Quercus species	Banded hairstreak
Passion flowers	Passiflora species	Gulf fritillary and zebra longwing
Paw paw	Asimina species	Zebra swallowtail
Snapdragon	Antirrhinum majus	Buckeye
Sassafras	Sassafras occidentalis	Palamedes swallowtail
Senna, coffeeweed	Cassia species	Cloudless giant sulfur
Spicebush	Lindera benzoin	Spicebush swallowtail
Tulip tree	Liriodendron tulipifera	Tiger swallowtail

Build a Butterfly Puddle

Butterflies love the nectar from flowering plants but they also need minerals and salts for their diet. One of the easiest way to give them what they need is to build a butterfly puddle.

Purchase a shallow plastic or clay plant saucer at least sixteen inches wide. Fill with coarse sand. Mix in a tablespoon of composted chicken manure or mushroom compost. Wet the sand until it is completely soggy. Place on a short stand (an overturned clay pot will do) near your flower garden.

Small stones can be used to line the edge of the container for decoration. Keep the sand soggy for the rest of the summer.

As an added attractant, place a much smaller saucer on the sand along one edge of the larger saucer and put sliced fruit in it. Banana, apple, pear and orange slices will bring dozens of butterflies to feed. Don't replace the fruit regularly - butterflies prefer it slightly fermented.